



Australian
*Chronic Infectious &
Inflammatory Disease*
Society

Mouth Health Matters

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Founder of Dental Wellness

Holistic Dentist Collaboration for Optimal Preventive Medical Care



F- Function/Flora

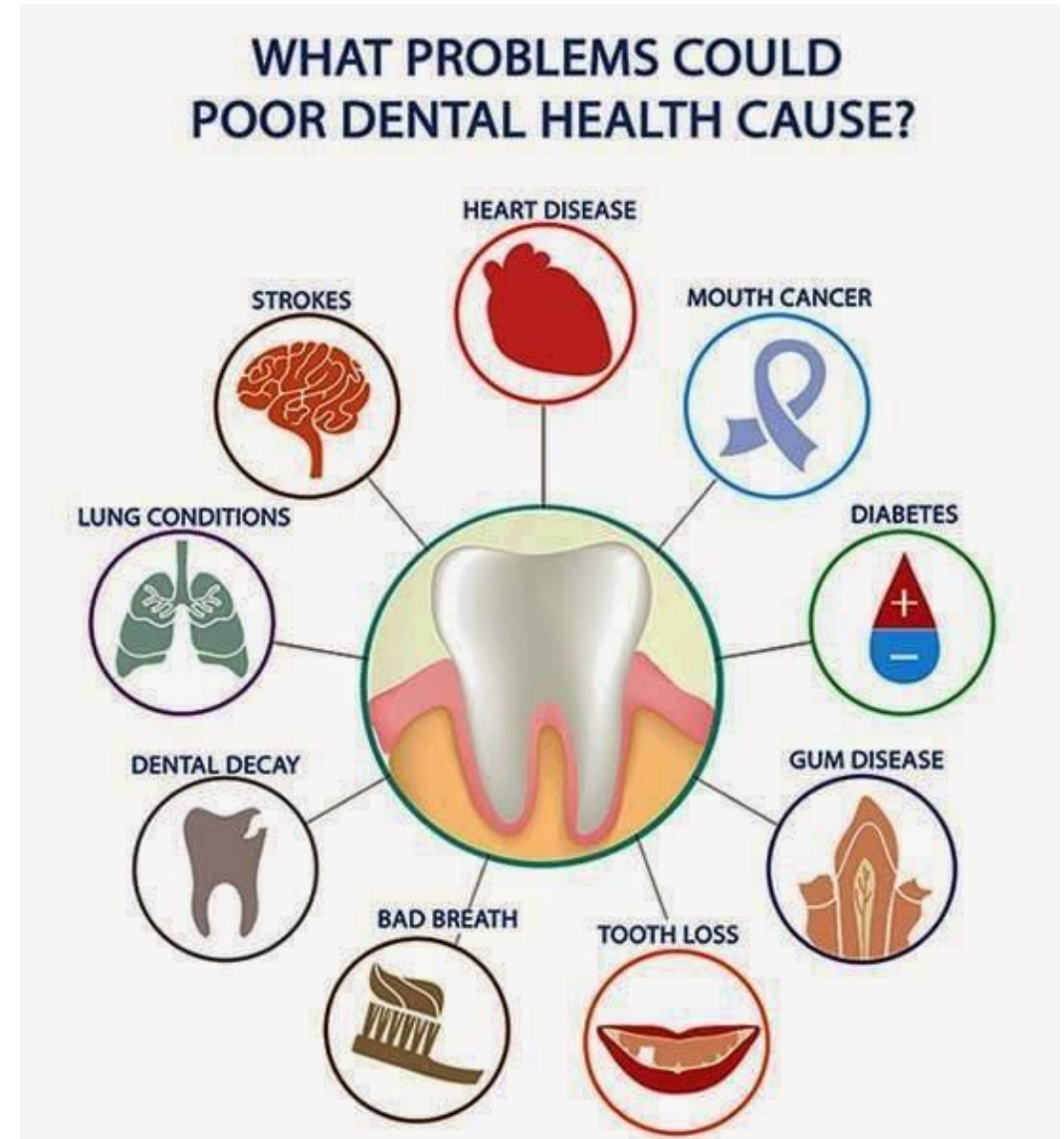
Poor Jaw Function

1. Loss of teeth
2. Gum disease
3. TMD
4. Under developed Jaw



Flora

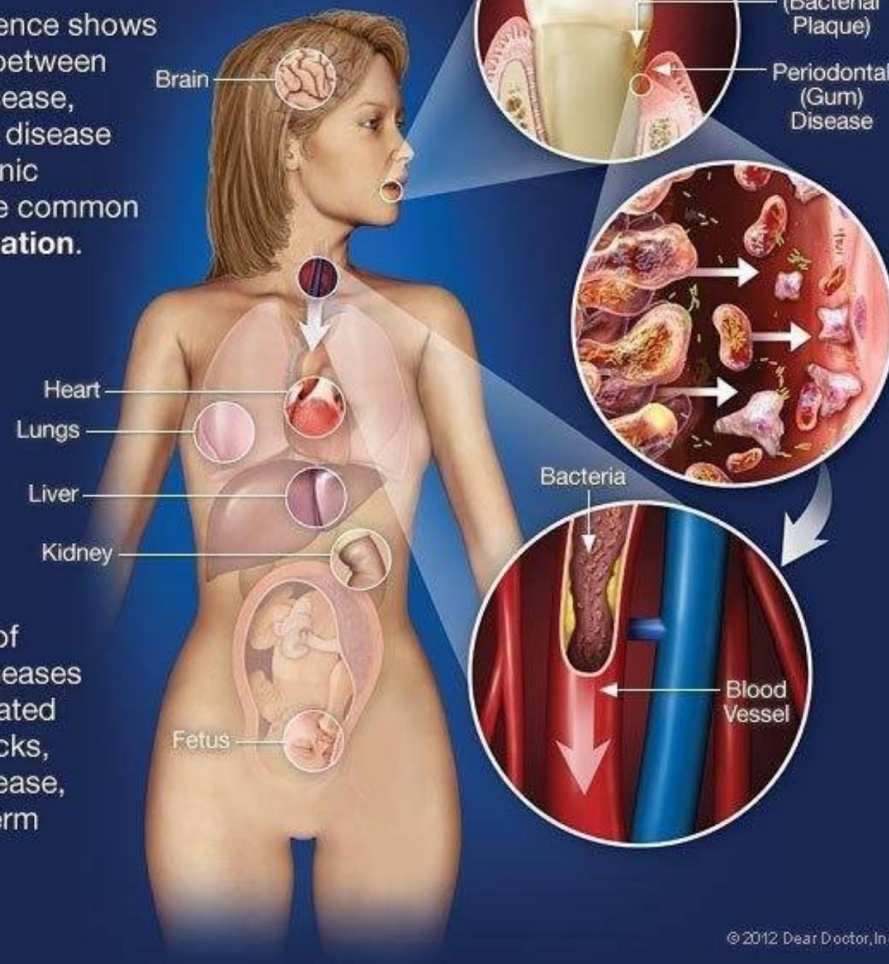
1. Oral Microbiome- the mouth is the beginning of the gut and respiratory microbiome
2. Milieu of bacteria, parasites, virus, moulds and amoebae in balance or not!
3. pH of saliva changes the balance of pathogens.



I-Inflammation/Infection

Periodontal Disease Can Affect Your Heart & Body

Emerging evidence shows a relationship between periodontal disease, cardiovascular disease and other chronic diseases — the common link is **inflammation**.



The presence of periodontal diseases may be associated with heart attacks, respiratory disease, diabetes, preterm births and osteoporosis.

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Infected Dead Teeth and Root Canal Failures

- **A sick tooth can be the root cause of a sick you!**
 - Li X, Kolltveit KM, Tronstad L, Olsen I. Systemic diseases caused by oral infection. *Clin Microbiol Rev.* 2000; 13(4):547-58.
- 3D CBCT view of jaws, skull, sinus and root ends
 - Hidden apical infections
 - Surgical removal planning
 - Sinus infections
 - Nasal defects



T-Toxicity

Traditional use of multiple metals

- Mercury amalgams
- Gold
- Titanium
- Nickel
- Non Precious Mixed Metal



Metal Free Dentistry



tistry
l implants
ured resin



Safe Mercury Amalgam Removal Technique



Protect:

- The Patient
- The Dentist & Staff
- The Planet



N-Nutrition



nutrition



anese, Zn, Glutathione.

digestion, methylation, detoxification, excretion.

E-ENT

Nasal breathing throughout life is essential for good dental health.

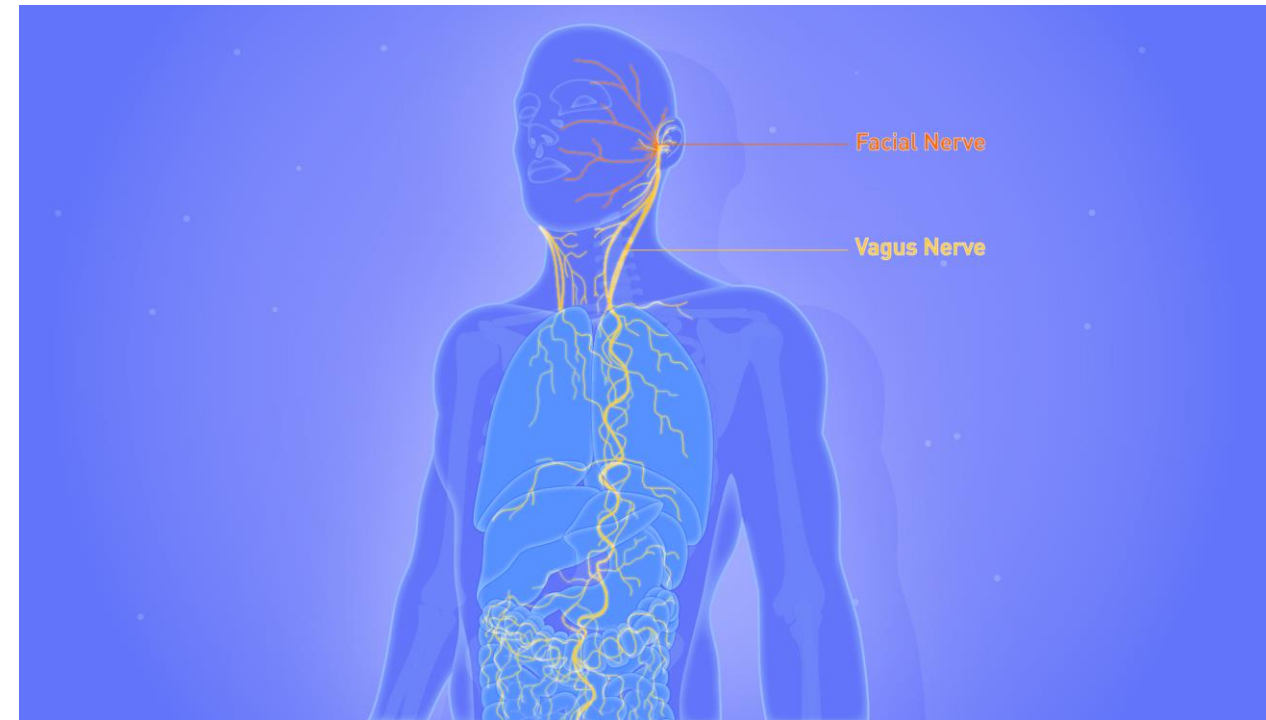
- Tonsils, Adenoids, Septal defect

Mouth breathing leads to over breathing.

1. Poor jaw development
2. High tooth decay rate
3. Increased gum disease
4. Increased sympathetic tone

Benefits of Nose Breathing

- Less Allergies
- Broader Smile
- Deeper Lung Volume
- Vagal Stimulation
- Healing Sleep
- Brain Detox



Simple Pencil Test

- Ask the patient to lie down flat and close their mouth bringing their teeth together and breathing through their nose.
 - *“Is this comfortable?”*
- Now ask them to place a pencil between their teeth and close their lips around it.
 - *“Can you now breathe deeper through your nose?”*
- If yes
 - Bite rehabilitation
 - Or
 - 3D Splint therapy



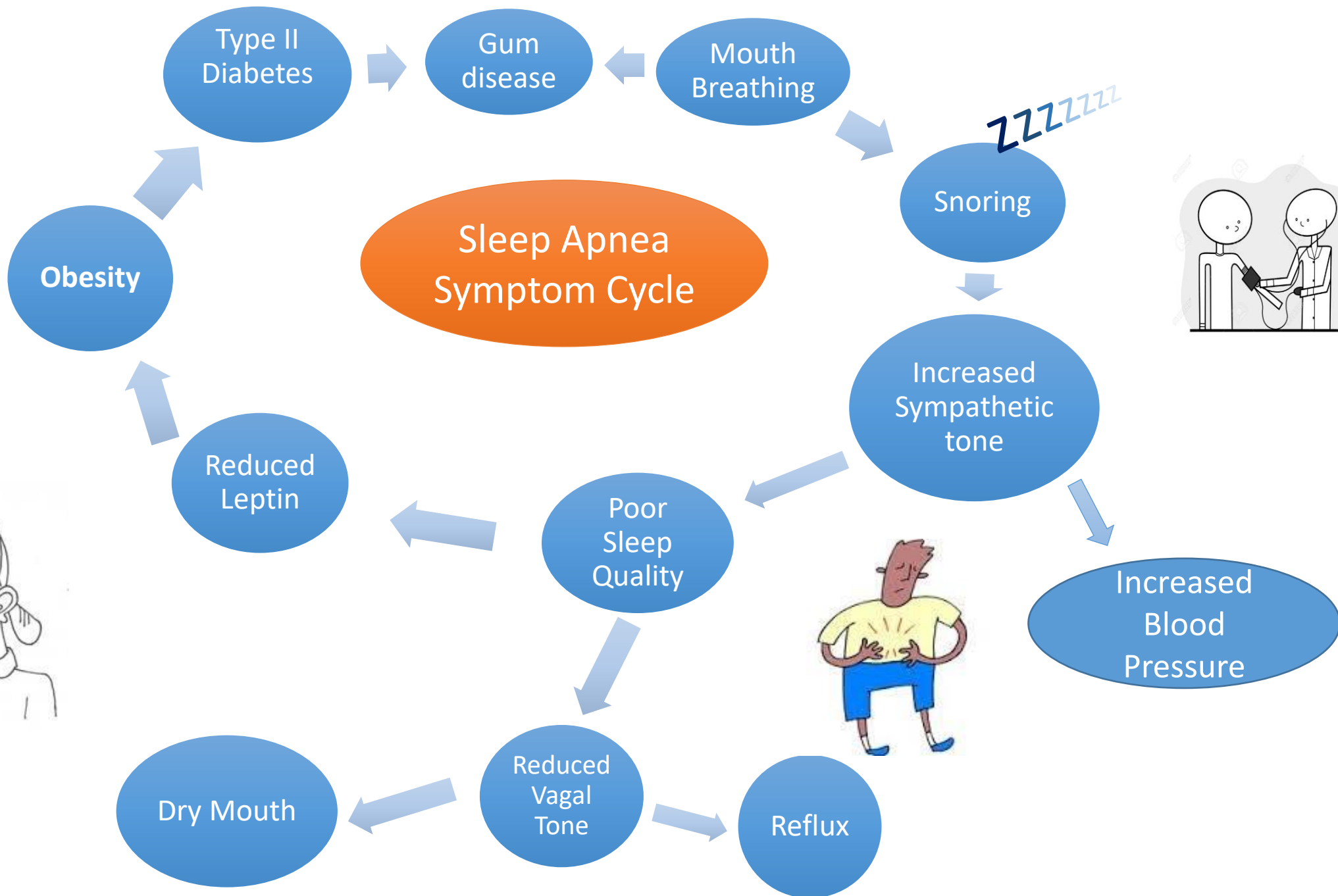
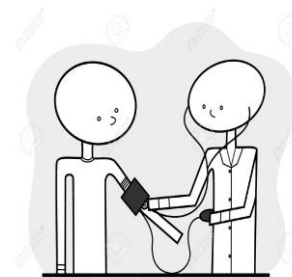
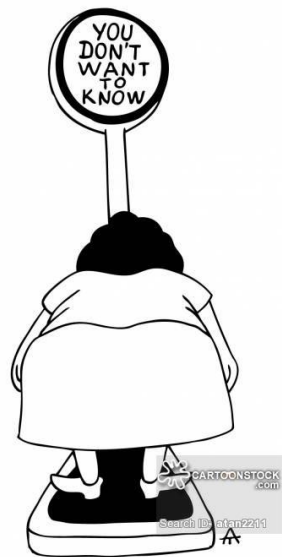
S-Sleep

Mouth breathing leads to snoring and risk of Obstructive Sleep Apnoea (OSA)

Sleep Study prescribed from a GP can rule out OSA

Symptoms:

- Chronic Fatigue
- Reflux
- Chronic inflammation
- Adrenal Burnout
- Nocturnal enuresis



S-Smile / Sympathetic overdrive

- If your patients are
 - Stressed, Toxic, Inflamed, Infected and burnt out.
- When they can,
 1. Eat healthy without pain
 2. Breathe well
 3. Sleep deeply
 4. Rest, Detox and Heal.

We have contributed to their long term rehabilitation to optimal health

Your Oral FITNESS Score

 07 3511 1399

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Metal-Free Zirconia Dental Implant Solutions

Dental Wellness patients insist on metal-free solution in their mouth. Most traditional dentists only feel comfortable placing metal Titanium dental implants as there is research over the last forty five years that show they are successful when implanted into the jaw. Zirconia dental implants have been used successfully in Europe for 15 years...

[Learn More](#)



Welcome to Our Holistic Dental Wellness Family!

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Thank-you!

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